

The Power of Giving: How Giving Back Enriches Us All

By Azim Jamal and Harvey McKinnon



When most of us think of giving, we usually think only in terms of time or money. The kinds of things we would like to share, but barely have enough of for ourselves. But we have far more to give than we realize, and we stand to benefit more from giving than we can begin to imagine.

In "**The Power of Giving**," Azim Jamal and Harvey McKinnon take us beyond the idea that giving just means donating money. They expand it to include the giving of kindness, ideas, advice, attention, skills, time, hope, love, touch — and much more.

This simple, easy-to-use guide to every facet of giving helps us understand why we should give and what each of us has to give -- as well as to whom, how, when, and how much to give. Equally significant as the difference that giving makes in the lives of others is the difference that it makes in our own lives. The benefits range from the practical — such as improved health and professional connections — to the intangible, like hope and a sense of connection with others.

The book is full of personal stories and inspirational ideas, as well as thought-provoking exercises that help the reader discover what they have to give and how best to give it. It includes special sections on corporate giving, teaching children how to give, giving forgiveness, giving what we need to receive, and giving wisely for maximum impact and benefit

"The Power of Giving" shows us how the act of giving is a fundamental human need with the power to enrich all our lives. It is a must-read for anyone interested in improving the world, and improving their own lives in the process.

About the Authors

Azim Jamal is an inspirational speaker who has delivered talks on five continents, and the author of several books on spirituality and life balance. A former Certified Public Accountant, Jamal decided to devote himself to giving after a life-changing experience as a volunteer in the developing world.

Harvey McKinnon is a fundraising expert, speaker, and documentary film producer -- as well as the author of several books. After a decade working with the international development agency Oxfam Canada, he founded the fundraising consultancy firm Harvey McKinnon.

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